FREE FOR 8-18'S Northamptonshire Drop Ins

for Mental Health & Wellbeing Support for 8 - 18 year olds and their parents/carers

One-to-one support - Wellbeing Activities - Peer Support

Mondays & Fridays 4pm - 8pm

The Lowdown, 3 Kingswell Street,

Wednesdays 4pm - 8pm

Time 2 Talk, Chantry House, 88 Watling

Northampton, NN1 1PP 01604 634385

Tuesdays 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll St, Corby, NN17 1RU 07479 973085

Tuesdays 4pm - 8pm

Service Six, Rushden Mind Phoenix House, Skinners Hill, Rushden, NN10 9YE - 01933 277520

Wednesdays 4pm - 8pm

CHAT Youth Counselling, Souster Youth Building, 30 Market Road, Thrapston, NN14 4JU 01832 274422



Street, Towcester, Northants, NN12 6BT 01327 706706

Thursdays 4pm - 8pm

Youth Works, 97 Rockingham Rd, Kettering, NN16 9HX 01536 518339

Saturdays 10am - 2pm

Service Six, 15 Sassoon Mews, Wellingborough, NN8 3LT 01933 277520

Saturdays 12pm - 4pm

Time 2 Talk, The Abbey, Market Square, Daventry, NN11 4XG 01327 706706





FREE FOR 19-25'S Northamptonshire Drop ns

for Mental Health & Wellbeing Support for 19 - 25 year olds and their parents/carers

One-to-one support - Wellbeing Activities - Peer Support

Mondays & Fridays 4pm - 8pm

The Lowdown, 3 Kingswell Street, Northampton, NN1 1PP 01604 634385

Thursdays 4pm - 8pm

Tuesdays 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll St, Corby, NN17 1RU 07479 973085

Wednesdays 4pm - 8pm

CHAT Youth Counselling, Souster Youth Building, 30 Market Road, Thrapston, **NN14 4JU** 01832 274422

Youth Works, 97 Rockingham Rd, Kettering, NN16 9HX 01536 518339

Saturdays 12pm - 4pm

Time 2 Talk, The Abbey, Market Square, Daventry, NN11 4XG 01327706706







